



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.
E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

WORKFORCE



Attending the afternoon tea were Nikita Cornwell, Amy Dickson, Lou Brazier, Andrew Keen (CoGG), Helen Long, Dean Frost (CoGG), Tyler Mitchell, Jay Minnett and Daniella Coric.

Warm welcome for participants

The City of Greater Geelong hosted an afternoon tea in May to welcome the latest intake of workforce participants from Northern Futures.

The five young people are employed across a range of COGG departments in

either full or part time traineeships or six-week work experience placements.

The program at COGG gives jobseekers from the northern suburbs a fantastic opportunity to work with one of Geelong's largest employers and

Northern Futures appreciates the ongoing support from COGG.

Northern Futures is based at Norlane Community Centre.

www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5281-7175 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join the group every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own veggie patch, contact Liz on 5275-8124

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower

hire fee. No whipper snippers or brush cutters available for hire, but there are some hand tools and wheelbarrows that are free to borrow.

The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

Computers

Computers are available for community use at Norlane Community Centre. Community use is free for one hour on Friday and \$2 per hour at other times, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Putting a stop to family violence

The Norlane Community Centre has developed a strategy to improve the safety of women and children living in the northern suburbs.

The Prevention of Violence Against Women Strategy will establish outreach services at the centre so that women within the 3214 community have more options when they need help dealing with a violent situation.

The strategy will also raise awareness and increase community understanding about this serious and often hidden crime.

Statistics show that a woman dies at the hands of a current or former

partner almost every week in Australia and one in three women have experienced physical violence since the age of 15.

Geelong police data shows the rate of family violence in the Barwon area is higher than the state average. In 2014 family violence incidents accounted for one third of sexual assaults, nearly half of all assaults and more than half of stalking, harassment and threatening behavior offences.

The Norlane Community Centre board believes everyone has the right to feel safe in their home and in their community.

The strategy has been designed to link into regional planning to ensure the best use of resources across the G21 region.

The City of Greater Geelong has helped fund capacity building so NCC staff can better deal with this issue.

The board will seek additional funding to support the strategy's implementation and report back to the community with an annual review of outcomes.

It also hopes the model will help other Neighbourhood Centres/Houses develop their own prevention plans.

Northern Futures Work and Learning Centre

Northern Futures, based at Norlane Community Centre, is running the following courses:

1. Certificate II Warehousing (Logistical Supply Chain).
2. Getting Ahead Program.
3. Certificate III in Aged Care, Home and Community Services.
4. Certificate II Skills for Work and

Vocational Pathways Business Administration Course.

5. Certificate III Health Support Services (HSS) House Keeping.
6. Certificate III Health Services Assistant (HAS) PSA.

For further details, phone 0437-655-360 or email: helen.northernfutures@gmail.com.



Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring its products and services to the needs of its customers. They understand that every function is different and that people may have special dietary needs.

Visit their website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, please call one of their friendly staff members on 5274-2242, or email them on mnc@encompass-cs.org.au.

Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.



Munch 'n' Crunch

Western Victoria Primary Health Network

The Western Victoria Primary Health program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander,

refugee, children under 12, or people on a low income.

For more information phone Western Victoria Primary Health on 5229-1922. www.barwonml.com.au