



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.
E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

Compost program trial

Norlane Community Centre is participating in the first Australian CLOéy food waste compost unit trials. The trial is part of the City of Greater Geelong's attempt to transform Geelong into a more sustainable city for the future.

CLOéy units convert food waste into nutrient rich soil conditioner in 24 hours. The soil conditioner can be mixed with garden soil and added to our community garden.

Norlane Community Centre can now compost basically anything that you can eat, cooked or raw including:

- Liquid foods, such as soups and stews.
- Meat and fish.
- Small bones such as fish and chicken bones.
- Fruit and vegetables.
- Egg shells and most seafood shells, such as mussel and lobster shells.



The food waste compost unit is having a positive impact at Norlane Community Centre.

- Bread, crackers, grain foods.
- Fast foods.
- Dairy foods.

The centre is now composting all of its food wastage, along with green waste composting, which is saving its

carbon emissions by around 46 per cent. In this way centre is saving on the cost of buying fertiliser for the garden beds, while also helping the community garden to become more environmentally friendly.

Interesting guest speaker

At the recent Annual General Meeting of the Norlane Community Centre, the guest speaker was Bill Mithen, who is the CEO of Give Where You Live. Bill spoke to the Board, members and guests about GROW (G21 Region Opportunities for Work) and collective impact.

Bill captivated his audience with

his informative insight on the aims of GROW in the Geelong and Colac regions. In addition, he spoke about collective impact and how it links all sectors and advocates for a coordinated and initiative approach.

Bill's talk was very effective in driving home some sobering points.



www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5281-7175 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join us every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own veggie patch, contact Liz on 5275-8124

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool

and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee. There are some hand tools and wheelbarrows that are free to borrow. The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

Computers

Computers are available for community use at Norlane Community Centre. Community use is free for one hour on Friday and \$2 per hour at other times, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost



Northern Futures Work and Learning Centre

Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Certificate 3 in Aged Care, Home and

Community Services.

4. Business Administration Course.
For further details phone 0437-655-360 or email:
helen.northernfutures@gmail.com.



Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring its products and services to the needs of its customers. They understand that every function is different and that people may have special dietary needs.

Visit their website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, please call one of their friendly staff members on 5274-2242, or email them on mnc@encompass-cs.org.au.

Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.

Health program

Barwon medicare local has had a name change and is now Western Victoria Primary Health.

The Western Victoria Primary Health program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander, refugee, children under 12, or people on a low income.

For more information, phone Western Victoria Primary Health on 5229-1922.



Garden project taking shape

A group of jobseeker volunteers has been very busy over the past few months redeveloping the garden area at Norlane Community Centre. They have taken their design and applied it to the area to be landscaped.

The jobseeker volunteers have worked hard in removing soil and unwanted synthetic turf to make way for the new

garden plots and recreational area. They have marked out the garden beds and cut and constructed the raised garden them. These beds have been filled with soil and compost ready for planting.

The garden area has been shaped and prepared ready for planting and the construction of a kidney-shaped outdoor table is well underway.

The plants are due to arrive soon and when planted will give the whole area a complete new look.

With the gravel and mulch added, the centre will have a great looking recreational area and the jobseeker volunteers can be proud of their achievement.



The original outdoor area.



The start of change to the area.



The project nears completion.