



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.
E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

Garden revitalisation project

Eight Jobseeker 'volunteers' have embarked on a new and exciting construction and garden project to revitalise the gardens at Norlane Community Centre.

The project aim is to give the job seekers a positive and supported environment to explore career options and pathways, recognise a range of transferable work-related skills and experience including communication in the workplace, confidence building, self-belief and team work to ultimately re-entering the workforce.

Their hard work will result in a practical, warm and welcoming environment accommodating the needs of the diverse local Windsor Park community as a whole.

The initiative is a collaborative relationship between community volunteers, Norlane Community Centre, Northern Futures, Munch 'n' Crunch, local JobActive providers MatchWorks, Gforce, Workskills and Gordon TAFE.

The volunteers are being led by Bill Polwarth, Bill Montgomery, and George Perisic and assisted by Liz Winning from Norlane Community Centre. All bring with them enormous skills and experience and have been involved in all aspects of the project from the demolition phase, planning, design and construction.



Anth Johnstone, landscape and garden teacher from the Gordon TAFE, provided a full day mentoring session to the participants, including garden design strategies and plant identification and selection. All found this valuable as the team embarked on the planning stage of the project.

The volunteers had an opportunity to present their final garden design and plans to Norlane Community Centre Manager Lou Brazier. Lou said she was overwhelmed by the ideas, design and

the team work of all involved within the project.

Barb and Anna from Northern Futures said they were thrilled by the enthusiasm and goodwill shown by all the participants and said: 'the project participants added a warm, inviting vibe and energy to the centre'.

Watch out for further updates on the garden in future issues of *Northerly Aspects*.

www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5275-0005 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly,

comfortable self-help group? Come and join us every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your

craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own veggie patch, contact Liz on 5275-8124



Northern Futures Work and Learning Centre

Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Certificate 3 in Aged Care, Home and

Community Services.

4. Business Administration Course.
For further details phone 0437-655-360 or email: helen.northernfutures@gmail.com.



Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring its products and services to the needs of its customers. They understand that every function is different and that people may have special dietary needs.

Visit their website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, please call one of their friendly staff members on 5274-2242, or email them on mnc@encompass-cs.org.au.

Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.

Health care available

Barwon Medicare Local has had a name change and is now called Western Victoria Primary Health. The Western Victoria Primary Health program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander, refugee, children under 12, or people on a low income.

For more information phone Barwon Medicare Local on 5229-1922.



Members of the Norlane Community Centre Craft and Friendship Group are pictured with blankets they donated to Cottage by The Sea.

The blankets are for use by the young children who holiday there.



Three members of the Norlane Community Centre ART Group recently entered paintings in the Veterans Art Show at the Austin Hospital, with great success. Lurlean won second prize in the Advanced section, Susan the Encouragement Award in the Novice, and Marg an Honourable Mention in the Novice section.