



# Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.  
E-mail: [admin@norlanecc.com.au](mailto:admin@norlanecc.com.au)  
Office Hours: 9am-5pm Monday to Friday



## Open Day success



Norlane Community Centre's Neighbourhood House Week Open Day was attended by more than 120 people, many who had never been to a Neighbourhood House or were unaware of what Neighbourhood Houses offered to the community.

The day consisted of a Tai Chi demonstration followed by a combined display of the various talents of the centre's art and craft groups. Rob Everett from Neighbourhood Watch gave safety tips and marked residents' phones for added security.

The men in the Community Garden were kept busy showing residents around the garden and giving gardening advice, while also handing

out free plants. The Northern Futures free job information sessions were well attended.

The luncheon was magnificent, with the students from the BRACE class providing their cultural dishes along with Munch & Crunch, who supplied the rest of the catering. Volunteers wore white t-shirts to distinguish them so that visitors knew who to go to for information.

The community gave NCC positive feedback on the event and residents have since joined up for classes at the centre or been referred to the other community centres if classes are not available at NCC.

A resident who has purchased a property in New Norlane has taken on a community garden bed and planted her winter vegies. Those who had not attended NCC before were impressed by the facility and what it offers the community.

NCC wishes to thank the City of Greater Geelong for funding this day to highlight to residents the importance of Neighbourhood Houses in their community. All the volunteers on the day were given certificates of appreciation for their support to NCC to make the day a success.



[www.norlanecommunitycenter.org.au](http://www.norlanecommunitycenter.org.au)

# PROGRAMS AND GROUPS AT NORLANE

## Tai Chi for all abilities

This group is for beginners and those who have had previous experience of Tai Chi.

Classes are held Tuesday 10am-11.30am  
Wear comfortable clothing and flat shoes.

The group also maintains garden beds for members to grow their own vegetables, which are shared amongst the group. Contact Monika on 5275-0005 or Maureen 5275-3939 for more information.

## Tuesday Art Group

Would you like to paint in a friendly, comfortable self help group? This group meets every Tuesday from 9am until 1pm. The cost is \$4.

Artist of all mediums are invited to join or just call in for a cuppa and a chat. Members also have a garden plot for growing their own fresh vegies.

## Craft and Friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages.

This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1 and the group meets every Friday from 1-3pm.

## Norlane Community Fruit, Herb and Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use.

If you are interested in your own vegie patch, contact Liz on 5275-8124.

## Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of Norlane Community Centre Tool Pool and you can hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee.

There are some hand tools and wheelbarrows that are free to borrow. The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

## Computers

Community use of the centre's computers is free for one hour on Fridays, at other times \$2 per hour, unless computer classes are being held. Children must be accompanied by an adult.

## Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

## Northern Futures Work & Learning Centre



Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Certificate 3 in Aged Care, Home and Community Services.
4. Business Administration Course.

For further details phone 0437-655-360 or email: [helen.northernfutures@gmail.com](mailto:helen.northernfutures@gmail.com).

## Neighbourhood Watch

Are you interested in crime and safety in your area?

Neighbourhood Watch holds meetings the third Wednesday of every month at 7.30pm for local residents interested in crime and safety in the community. Contact Rob on 5275-3939 for more details.



Munch 'n' Crunch

## Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring their products and services to the needs of their customers. They understand that every function is different and that people may have special dietary needs. Visit their website to find out more on [www.encompass-cs.org.au/mnc](http://www.encompass-cs.org.au/mnc).

To place an order or to discuss your specific requirements, please call one of their friendly staff members on (03) 5274 2242, or email them on [mnc@encompass-cs.org.au](mailto:mnc@encompass-cs.org.au). Munch 'n' Crunch is open Monday - Friday from 8am - 2pm.



## Mental health counselling

The Barwon Medicare Local program provides free, short-term mental Health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander,

refugee, children under 12, or people on a low income.

For more information phone Barwon Medicare Local on 5229-1922.  
[www.barwonml.com.au](http://www.barwonml.com.au)



## Support for job seekers

New Horizons, in partnership with Ostara, and with the support of Commonwealth funding, offer job seekers extensive, specialised support to find and maintain employment, preferably in their local area.

New Horizons can assist jobseekers to access relevant training including White Card, Forklift Licenses, First Aid and OH&S training, which can make all the

difference when looking for work.

The service is available to anyone who may be concerned about their mental health. Employment Consultant Barbara Ryan is available 9am to 5pm Monday to Friday.

For appointments and information call Barbara, 0418-834-364.



## BRACE Education and Training & Employment

The Language Literacy and Numeracy Program is ideal for:

- Jobseekers.
- Parents returning to work.
- Program for registered jobseekers.

- People from cultural and linguistically diverse backgrounds.
- Those seeking a stepping stone to higher level qualifications.

For inquiries phone 5337-9000.