



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.
E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

Welcome to the Tuesday Art Group

The Tuesday Art Group at Norlane Community Centre has a loyal following of members who have been attending for many years. They are also keen to welcome new members to the group.

Marg Whelan, Lurlean Butcher and June Smeelie have been attending the art group for the past 18 to 20 years, while Susan Kacinskas has been a member for seven years. Marg and Lurlean are Norlane residents and June Smeelie and Susan Kacinskas travel from Portarlinton to attend the group each week.

They describe the class as a social group, more of a family, with discussions about their art, holidays, crafts, families, Morris Minor Car Club and what they will plant next in their community garden bed. They use all kinds of mediums including watercolours, pastels, ink, acrylics, oils, charcoal and collage.

The group members take inspiration for their art from nature, holidays, photos and life in general and critique each other's work. The women have entered many art shows and won prizes, sold

paintings and received honourable mentions at art shows from the Bellarine to Heidelberg and Torquay.

The group welcomes visitors to look at their work and have a chat. They often invite the centre's BRACE students to join them for an art lesson.

New members are invited to join the group, which meets on Tuesday from 9am until 1pm. The cost is \$4 per week.



Susan, Marg, Lurlean and June enjoy being part of the art group.



BRACE students proudly display the Christmas cards they made.



www.norlanecommunitycenter.org.au

Neighbourhood House Week

Neighbourhood House Week will be held from May 12 to 18 and Norlane Community Centre will be holding an Open Day during the week.

The Open Day, on Wednesday, May 15 will run from 11am until 3pm and include an art and craft exhibition, Tai Chi demonstration, gardening tips and a

jobs fair. A free international lunch will also be available, but you need to book with Liz, phone 5275-8125 by May 7.

Various groups who use the centre will participate in planning and executing various activities of the day's events.

Ethnic groups and local residents will come together with the aim to

prevent isolation, racial discrimination and social exclusion for newly arrived refugees and other residents in the community.

For more information, phone the centre on 5275-8124.

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

This group is for beginners and those who have had previous experience of Tai Chi.

Classes are held on Tuesday from 10am-11.30am. Wear comfortable clothing and flat shoes.

The Tai Chi group members also maintain garden beds to grow their own vegetables, which are shared amongst the group. Contact Monika on 5275-0005 or Maureen 5275-3939 for more information.

Tuesday Art Group

Would you like to paint in a friendly, comfortable self-help group?

The group meets every Tuesday from 9am until 1pm. The cost is \$4.

Artists of all mediums are invited to join or just call in for a cuppa.

The group also has a garden plot for growing its own fresh vegies.

Craft and Friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages.

This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost is \$1 and the group meets from 1pm-3pm every Friday.

Norlane Community Fruit, Herb and Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use.

If you are interested in your own vegie patch, contact Liz on 5275-8124

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone?

Become a member of Norlane Community Centre Tool Pool and you can hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee.

There are some hand tools and wheelbarrows that are free to borrow.

The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

Computers

Community use of the centre's computers is free for one hour on Fridays, at other times \$2 per hour, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Northern Futures Work & Learning Centre



Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Certificate 3 in Aged Care, Home and Community Services.
4. Business Administration Course.

For further details phone 0437-655-360 or email: helen.northernfutures@gmail.com.

Neighbourhood Watch

Are you interested in crime and safety in your area?

Neighbourhood Watch holds meetings the third Wednesday of every month at 7.30pm for local residents interested in crime and safety in the community. Contact Rob on 5275-3939 for more details.



Munch 'n' Crunch

Munch 'n' Crunch (MNC), the catering service of Encompass Community Services, continues to provide delicious and healthy gourmet food, whilst also being a hospitality training venue for Encompass.

MNC has a new and exciting menu,

available on the Encompass website www.encompass-cs.org.au. A special 10% discount is given to Norlane Community Centre partners.

For inquiries, call 5274-2242, Monday to Friday from 8am until 3.30pm.



Mental health counselling

The Barwon Medicare Local program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander,

refugee, children under 12, or people on a low income.

For more information phone Barwon Medicare Local on 5229-1922. www.barwonml.com.au



Support for job seekers

New Horizons, in partnership with Ostara, and with the support of Commonwealth funding, offer job seekers extensive, specialised support to find and maintain employment, preferably in their local area.

New Horizons can assist jobseekers to access relevant training including White Card, Forklift Licenses, First Aid and OH&S training, which can make all the

difference when looking for work.

The service is available to anyone who may be concerned about their mental health. Employment Consultant Barbara Ryan is available from 9am until 5pm Monday to Friday.

For appointments and information call Barbara 0418-834-364.



BRACE Education and Training & Employment

The Language Literacy and Numeracy Program is ideal for:

- Jobseekers.
- Parents returning to work.
- Program for registered jobseekers.

- People from cultural and linguistically diverse backgrounds.
- Those seeking a stepping stone to higher level qualifications.

For inquiries phone 5337-9000.