

Annual meeting



Norlane Community Centre's 2013 Annual General Meeting was held in November.

The guest speaker was Helen Long, who is the Program Manager for Northern Futures. Helen gave an informative speech about the accomplishments of Northern Futures and the importance of the program, especially in the 3214 area.



PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

This is for beginners and those who have had previous experience of Tai Chi. Classes are held on Tuesday from 10-11.30am. Wear comfortable clothing and flat shoes.

The Tai Chi group members also maintain garden beds to grow their own vegetables, which are shared amongst the group.

Contact Monika on 5275-0005 or Maureen 5275-3939.

Tuesday Art Group

Would you like to paint in a friendly, comfortable self help group?

The group meets every Tuesday from 9am until 1pm. The cost is \$4.

The art group also has a garden plot for growing its own fresh vegies.

Craft and Friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages.

This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost is \$1 and the group meetings from 1-3pm every Friday.

Tool Pool

Do you need to mow the lawn but can't afford the cost of a mower or hiring someone?

Become a member of NCC Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee. There are some hand tools and wheelbarrows that are free to borrow. The Tool Pool is open on Tuesday and Fridays, 9am to noon. For inquiries phone 5275-8124.

Computers

Community use is free for one hour on Friday, at other times \$2 per hour, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.



Northern Futures Work & Learning Centre



Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Cert. 3 in Aged Care, Home and Community Services.
4. Business Administration Course.

For further details phone 0437-655-360 or email: helen.northernfutures@gmail.com.

Neighbourhood Watch

Are you interested in crime and safety in your area?

Neighbourhood Watch holds meetings at Norlane Community Centre on the third Wednesday of every month at 7.30pm. They are for local residents interested in crime and safety in the community.

Contact Rob on 5275-3939 for more details.

Munch 'n' Crunch



Munch 'n' Crunch (MNC), the catering service of Encompass Community Services, continues to provide delicious and healthy gourmet food, whilst also being a hospitality training venue for Encompass.

MNC has a new and exciting menu, available on the Encompass website www.encompass-cs.org.au. A special

10% discount is given to Norlane Community Centre partners. For inquiries, call 5274-2242, Monday to Friday between 8am and 3.30pm.

Barwon Medical Local



The Barwon Medicare Local program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander, refugee, children under 12, or people on a low income.

For more information phone Barwon Medicare Local on 5229-1922 or go to www.barwonml.com.au.

New Horizons



New Horizons, in partnership with Ostara, and with the support of Commonwealth funding, offers job seekers extensive, specialised support to find and maintain employment, preferably in their local area. It can assist jobseekers to access relevant training including White Card, Forklift Licenses, First Aid and OH&S training, which can make all the difference when looking for work. The service is available to anyone who may be concerned about their mental health.

Employment Consultant Barbara Ryan is available 9am to 5pm, Monday to Friday.

For appointments and information, call Barbara 0418-834-364.

BRACE Education, Training & Employment



BRACE Education, Training & Employment will run its Language Literacy and Numeracy Program in 2014.

This is an ideal program for:

- Jobseekers.
- Parents returning to work.
- Program for registered jobseekers.
- People from cultural and linguistically diverse backgrounds.
- Those seeking a stepping stone to higher level qualifications.

For more information phone 5337-9000.



Members of the BRACE Education, Training and Employment class at Norlane received some practical information about car care. Bill Polworth spoke to the class members about the importance of servicing their cars and how to do it.